





Topic: PSHE

Term: Autumn 2

Year: Unit 2












Duration: 6 weeks

The Powerful Knowledge we will take away from this PSHE Puzzle:

 Knowledge	 &  and  Skills
I will... <ul style="list-style-type: none"> Know what bullying means Know who to tell if they or someone else is being bullied or is feeling unhappy Know that people are unique and that it is OK to be different Know skills to make friendships Know that people have differences and similarities. 	I will ... <ul style="list-style-type: none"> Identify what is bullying and what isn't Understand how being bullied might feel Know ways to help a person who is being bullied Identify emotions associated with making a new friend Verbalise some of the attributes that make them unique and special. Know how to give and receive compliments.

What I already know:

You will have already noticed what is similar and different between yourself and others and explored the different relationships you have with family members. You will be able to take about how you are cared for by others, be able to recognise strengths in yourself and others and how to be a good friend.

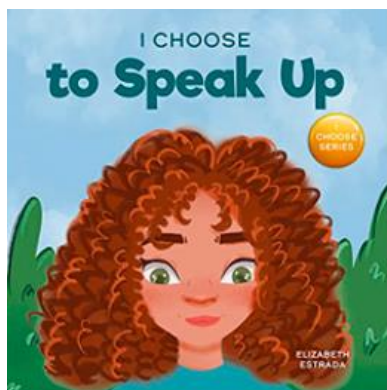
Our Key Vocabulary	Meaning
 assumptions  stereotypes	<p>Assumptions are thoughts or something that is believed to be true or probably true but that is not known to be true: something that is assumed.</p> <p>Stereotypes are assumed ideas about someone or something based on what they look like or which group they belong to.</p>
 diversity  fairness	<p>Diversity 'means many' differences that make us all special and unique.</p> <p>Fairness is the quality of treating all people in a way that it right and reasonable.</p>
 bullying  loneliness	<p>Bullying is repeated unwanted behaviour that involves a real or perceived imbalance of power. Bullying includes actions such as making threats, spreading rumours, physically or verbally attacking someone and deliberately excluding someone on purpose.</p> <p>Loneliness is when someone feels upset because they are on their own or without company.</p>
 help  stand up for  shield	<p>Help is when you do something that makes it easier for others to do a job or deal with a problem.</p> <p>To stand up for means you defend or make your feelings and opinions clear about something you believe to be right.</p> <p>Shield (verb) means to protect from danger, risk or unpleasant experience.</p>
 male  female	<p>A man or a boy is a Male</p> <p>A woman or a girl is a Female</p>



Family Talk Time Learning:

- Are stereotypes fair?
- What is bullying? How do you feel about this?
- How can we tell the difference between a fall outs and bullying?
- Can a person be friends with someone who is different from them?
- Can we choose how we treat other people?
- Can being different be used as a reason for bullying? How do you feel about that?

Texts that Teach:



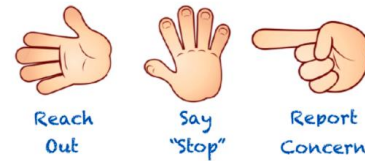
By Elizabeth Estrada

Personal reflections: Ask and tell yourself...

If you were worried about bullying what could you do?



Be a Friend
Lend a Hand



[Anti-Bullying Week 2021: One Kind Word - official Primary School film - YouTube](#)

Mindfulness Activities to try:

